

PREPARING TEACHERS FOR SELF-PROFESSIONAL DEVELOPMENT

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Abstract: This article is about self-professional development and methods. And also there is given some models for self-professional development for teachers who need to improve their skills independently.

Key words: mentor, method, self-professional development, pedagogy, methodology, progress, program.

Аннотация: Эта статья о само профессиональном развитии и методах. А также приведены некоторые модели само профессионального развития для педагогов, которым необходимо повышать свою квалификацию самостоятельно.

Ключевые слова: наставник, метод, само профессиональное развитие, педагогика, методика, прогресс, программа.

“O'qituvchi o'zi o'rgansagina yashaydi; o'rganishni to'xtatishi bilanoq o'qituvchi o'ladi” K.D.Ushinskiy
Actually, teacher and mentors must be knowledgeable, patient and also psychologist. Teachers should never not stop learning, since the time is progressing and all is developing.

Improving the effectiveness of pedagogical activity, teachers personally fulfill the social order. It is important that they improve their professional skills in order to contribute. They are the result of the practical efforts of educators to improve their professional skills can be determined by the successful acquisition of integration skills. During the years of independence, the education system is as fundamental as in all spheres of social life reforms have been implemented. The main expected result of the reforms is the establishment of new perspectives in the field, training of qualified personnel in accordance with world standards, quality of teaching, high efficiency of education to meet the social need to move up the ladder.

Professional self-development is one of the most important parts of human existence. It helps to achieve a certain status, prestige and standard of living. Each of us decides for ourselves whether to be a successful person or never to reach the top of a career. If you do not know in advance about all the subtleties and peculiarities of your personality, there will be no development. Self-knowledge is the most important resource for personal learning. Only man is able to form the clearest picture of himself based on his own experience, life choices and actions. It is difficult to develop in absolutely any field, including professional, because everyone has unique personal abilities that distinguish him from other people. If we were the same as the people in the copier, we would not be able to succeed in any business. After all, it would set us apart from the rest of the planet.

The point is that because of an individual's self-knowledge, people are able to achieve further independent development in any direction of life. The same goes for professional development. If a person knows his abilities and capabilities, he will trust them and find a useful program for them in his work. It is also important to determine personal preferences, tastes to further improve in an area that brings you not only prestige, income, but also pleasure.

Indeed, an individual's self-knowledge and professional skills are closely intertwined. After all, it is true to pursue oneself on the path one has chosen only with the success of a pre-determined particular business. If a person does not have a spirit for something at first, in the future they may be attracted to it by it. Or if he doesn't have a penchant for the chosen business, it's pointless to expect him to achieve higher results there.

For example, if a child has been inactive since childhood and is not active at all, he would have preferred the natural sciences, then he is unlikely to be a great athlete, and vice versa, if the child has good physical development, there is absolutely no inclination to depth. thought processes, then it is useless to get used to it.

Yes, the sense of learning new sciences gives its own positive result, but it certainly doesn't exceed the average among its peers.

Another thing is that if the baby is passionate about something, there is an opportunity to develop in that direction without losing interest. Then, perhaps, in the future it will be recognized, not only to enjoy the selected activity, but also to achieve great success in this area. Over time, any hobby can turn into something more than just a simple hobby, such as a source of income or even an entire art. In any case, if you reveal your individual abilities correctly and in a timely manner, they will soon be sharpened to a clear professionalism. Professional self-development depends only on the talents and abilities that are inherent in us from birth. Here, too, is important: a person's motivation and desire to grow in the business world. Only in this way, with the appropriate incentives, is it true to achieve the highest level of professionalism in a selected business.

If we take self-development as a term from the scientific departments of psychology, it has a very interesting meaning. Personal self-improvement is a real, continuous work that is done every day throughout a person's life. Based on this definition, we can draw a useful conclusion for everyone: only through continuous self-improvement can heights and success be achieved on the path of life.

Teachers' professional self-development is based on properly designed methods. Today, there are standard methods that can be used to improve your skills. It is also possible to create your own methodology for self-directed self-development and self-education based on the data studied. For example, clearly choosing a topic that is relevant to your educational institution. Accordingly, the methods of professional self-development of a teacher are different, but all of them are initially aimed at enhancing the qualifications, knowledge and professional skills of the specialist.

K.D. Ushinsky believed that the following helped him in his self-education:

1. Perfect peace of mind, at least externally.
 2. Directness in word and deed.
 3. Intentional action.
 4. Perseverance.
 5. Don't talk about yourself without asking for a word.
 6. Don't spend time unconsciously; do what you want, not what will happen.
- and so on.....

In fact, the main reason for the need to conduct a self-development procedure is the formation of more important knowledge in the field of pedagogy and psychology. As new and new ways of working with students emerge each year, the teacher needs to learn this specific information to be aware of the major changes in pedagogy, to know the rules of development.

Today, the sources of self-education and improvement are a collection of young teachers: television, newspapers, magazines; literature (methodological, popular science, journalistic, fiction, etc.), Internet, video, audio information in various media; advanced training courses; seminars and conferences, master classes, experience exchange events; excursions, theaters, exhibitions, museums, concerts, trips. And the more information, methods, and tools a teacher uses in his or her work, the faster he or she will become a successful, broad-minded, qualified teacher. The teacher must constantly educate and improve himself, for the teacher is the eternal disciple.

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