

## SOCIAL AND PSYCHOLOGICAL OPPORTUNITIES OF INFORMATION AND PSYCHOLOGICAL SECURITY IN ADOLESCENTS

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### Annotation

The article discusses the negative impact of information attacks on the younger generation, especially adolescents and society. Ideological political conflicts, mass culture are considered to be the cause of the information risk factor. Emphasis will be placed on the research of scientists who have studied information-psychological security. Factors that cause and eliminate information and psychological security during adolescence are highlighted.

**Keywords:** Adolescence, information, information-psychological security, national information policy, social impact.

### Introduction

Deepening democratic reforms is crucial to ensure that people live and work according to existing rules, and that information influences from various quarters continue to have an impact. As humanity steps into a new information society, it seeks new opportunities to transform the existing way of the information space into a moralized behavior. Five priorities of the President of the Republic of Uzbekistan for 2017-2021 "taken as the main target. Ensuring the psychological security of information in improving state youth policy serves as a basis for combating foreign ideas. The Convention on the Rights of the Child states that "... States Parties shall take legal, administrative and social measures, as well as in the field of education, to ensure the implementation of this article. in accordance with the relevant provisions of the instruments, States Parties shall, in particular: determine the minimum age for employment or the minimum age for employment; Socio-economic issues, such as the adoption of state youth policy and the psychological support of young people through this legal framework, as well as the provision of adequate working conditions for the younger generation, are also important for them to live a decent life in the future. The formation of a culture of information consumption, it is expedient to use modern pedagogical and psychological achievements to influence the personality of the adolescent. Information can be described as "a set of information about individuals, objects, facts, events, happenings, and processes, regardless of the sources of information and the form in which they are presented." As education is a priority, it is important to be aware of the potential dangers of information that can affect the mind of a person, as well as to form a culture of information consumption, immunity to information psychological security. . As of January 2021, the number of global internet users worldwide is 4.66 billion or 59.5% of the world's population. 5.22 billion people

also use mobile internet, which is 66.6% of the world's population. At the same time, it should be noted that there is a significant increase in the number of social network users. The number of social network users worldwide is 4.22 billion, an increase of 53% of the world's population, up 13% from 490 million in the last 12 months. The scale of the impact of ideological and political conflicts is expanding and attracting the younger generation. There is a growing tendency for a political structure or association to change the state through various means. Some of the most popular video games on the Internet are movies, cartoons, in which the character of the protagonist is portrayed in a negative, ruthless, immoral way. tends to repeat its actions. Information psychological security is studied not only in psychology, but also in pedagogy, sociology, philosophy, ethics, cultural studies, theology in different interpretations. Our sacred book, which forms information and psychological security, is based on the science of hadith in the Qur'an, the Avesto in historical sources, ancient written monuments, our ancestors Kaykovus, YH Hajib, A. Yassavi, A. Farobi, A. Beruni, A. Navoi, H. Kashifi, B. Naqshband, scientific and philosophical works written by him, are reflected in his teachings. Especially in the context of open information systems, information psychological security has been studied abroad and in our country on the basis of different approaches. Western psychologists L.Terman, R.Weys, E.Tead, G. Roland, Y. Burgess, M.Odema, P. Boennan revealed the psychological interpretation of ethnic relations, K.Yang, A.Goldberg, M. Griffist, R. Devis, J. Groxol, K. Surrat, P. Schumaxer, J. Moreichen-Martins took a private approach to the psychological security of information of the individual, explaining the concept of "Internet dependence". While Russian scientist A. Voysunsky studied Shahsni's activities on the Internet and its impact on various networks, O. Smislova spoke about the public experience of hackers, O. Babayeva spoke about the "psychological consequences of information." G.Andreyeva, Y. Shorokhova, N. Bogomolova, who have an analytical basis for information in social psychology, in their research focused on psychological safety in primary groups. At present, the study of the problem of information and psychological security in adolescence as the formation of ideological immunity in young people, various problems of protection from the influence of popular culture, the problem of Internet addiction, the influence of the media on the formation of personality research is underway. In our country, the study of addiction to computer games in adolescents is based on psychological maturity, with 46% of adolescents at a low level of psychological maturity and 15% at a high level. In conversations with the subjects, they emphasized the importance of prestige among peers rather than the game. Given the different characteristics of information attacks today, it is worthwhile to list them in the following order:

1. International terrorism;
2. Religious extremism;
3. Drug trafficking;
4. Smuggling of weapons and ammunition;

5. Computer fraud;
6. Illegal trade in human organs for transplantation;
7. Counterfeiting of securities and legalization of illegal income;
8. Transnational organized crime;
9. Irregular migration;
10. Missionary and proselytizing movement

The impact of open information systems on different countries also varies. This is due to the economic, informational, spiritual potential and policies of the countries of the world. Given that 60% of our country is young, it is not difficult to feel the scale of the problem. In order to reduce the negative impact of the violent processes taking place in the world on each country and increase its positive impact, it is necessary to better understand the nature of this phenomenon, to study its characteristics. is giving. If we approach the formation of information-psychological security during adolescence, we can focus on the following aspects.

1. The leading type of adolescent activity:
2. To the emotional-volitional, spiritual experiences of each adolescent;
3. Intellectual development in adolescents:
4. The factor of the socio-spiritual environment formed in the society:

Not only did information go beyond ideological, economic, ethnic, religious, form, but politicized information, which could have a multifaceted impact and was as universal as possible, became the main form of attack. The analysis of scientific sources shows that the influence of the media has its own scientific concept, which is based on the teachings of "Theory of Person and Social Relations", "Threat Identification and Response". Today, we are witnessing a struggle of alien ideas in the minds of the youth of our country, who have an interesting approach to everything that seeks to keep pace with the world. We can confirm the upbringing of the younger generation in the spirit of humanity, love for the motherland, on the basis of ideas based on pure Islamic thinking. There are many types of influence, the main of which are strategic, operational and tactical. They differ from each other in terms of purpose and task. Threats can be directed at the political, economic, enlightenment, environmental, military, socio-demographic spheres of society. The possibilities of information psychological security during adolescence can be considered on the following basis.

- Adolescents have a flexible personality and are required to control their behavior during the developmental process.
- The desire to feel the support of others as the teenager is going through the deepest period of psychological crisis.
- The existence of differences between the real me and the ideal me.
- The puberty of adolescents is accompanied by hormonal changes that lead to psychological stress.

- Difficulties in setting goals and steep acceptance of changes in value orientation.

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