

RELATIONSHIPS OUTSIDE OF MARRIAGE - AS A SPIRITUAL AND MORAL PROBLEM

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Annotation

Extramarital relationships are as old as family relationships and are on the rise in the current era of globalization. The person who committed such an act is always tormented by heartache. This is a tragic event. As a result of this, the social status of a person is damaged, and professional and life standards are lost. The article thoroughly analyzes the causes and consequences of these evils that violate universal and national moral values.

Keywords: family, marriage, morality, monogamous, polygamous, happiness, love, egocentrism.

By the 21st century, there are different interpretations of extramarital affairs and even those who support extramarital affairs as normal. According to them, this relationship does not have any negative impact on the institution of family and marriage, but is a guarantee of its strengthening and health. They explain this by connecting people with failures in work. If a woman or a man falls into a state of deep depression and stress due to bad luck in his work, he begins to withdraw from life. In such a situation, he is found a “partner” who listens to him wholeheartedly for his personal interest and worries and stays by his side until he is relieved by telling his problems. In many cases, a person who has a problem does not want to tell his family and spouse about the problems in his professional activity, because they do not want him to be accused of weakness or cause other family conflicts. Professionals who support this activity certainly try to give other reasons, but in any case and situation, extramarital relations are against national and religious values, violate moral norms, and seriously damage the healthy life of family and society.

The transition from matriarchy to patriarchy in human society is the result of the emergence of monogamous marriage. Since the emergence of families formed on the basis of monogamous marriage, family values have been formed, gradually developed and transformed. Extramarital relationships are treated differently in different nations. In some nations this behavior is ignored, in others it is severely persecuted. In some regions, a woman who engages in an extramarital relationship is severely punished, while in others, the man is considered guilty. In our opinion, all the causes of this abominable act are the result of mistakes made.

No matter how much it contradicts moral ideals and religious values, we witness the variety of betrayal in social life. These are: to the country, to a friend, to someone's right, to a

companion, to a family budget, to a spouse, etc. Infidelity and fidelity of spouses in the family are subjective characteristics, in such situations they themselves are considered to be more the cause and sufferer. There is another type of extramarital relationship called “incest”, which is characteristic of primitive times. It is known that in the oldest clans, the situation of incest, that is, sexual relations between brothers and sisters, is widespread. For example, this is evidenced by the legends of that time. The ancient Greek god Zeus married his sister Hera, Zeus’s children were the god of beauty Aphrodite, his sister became the wife of the god of blacksmithing Hephaestus, etc. Such examples can be found in the legends of other nations.

Tribes where incest is prevalent tend to become more prone to physical and mental illness over time. In these tribes, the reproduction of the sick generation led to the prohibition of intra-tribal sexual relations, and it became customary for the young men of one tribe to marry the daughters of another tribe. This was the first ban or suppression in human history. Such a ban, according to Freud, led to neuroses. For example, wars break out between tribes. During matriarchy, sexual relations were often chaotic. At this time, the family had not yet appeared. Only the mother of the children is known. Inbreeding on the mother's side was strongly developed, and inbreeding on the father’s side was almost non-existent. As a result, the children who were born did not know who their father was. During the matriarchy, the state of incest was partially preserved. As a result, the second suppression in the history of society - patriarchy - appeared. This social system is characterized by a monogamous family (one husband, one wife). In such families, both the father and the mother of the child are known. Blood mixing was strictly forbidden by society. Thus, Sigmund Freud shows that sexual relations and their prohibition are of great importance in the development of society.

“During patriarchy, polygamy and polygyny in monogamous families were forbidden by the laws of society. This led to the third displacement, which led to the development of illicit sexual relations. Such connections, according to Freud, are common in today's society.” [1: 658-659]

Due to such circumstances and other reasons, family separations have been observed in all times and periods. Not only the forms and reasons for the failure of marriage, but also the characteristics of extramarital relationships have been the basis for each period to be a specific urgent problem. For example, in Eastern countries, it has long been believed that the failure of marriage is rare. The reason is that our ancestors paid special attention to the custom of choosing a bride at the beginning of the marriage relationship and considered it as a national tradition. Investigating the seven roses, connecting the fate of compatible young people through the institution of matchmaking, even marriages between distant relatives, i.e. mutual agreement between people who knew each other beforehand, and building a family through ties of love and affection, are valued and emphasized as Uzbek customs. rational thinking in all motives, young people and their parents paying special attention to marriage ceremonies were considered the basis for a strong family.

Analyzing the scientific heritage of our Jadid scholar Abdurauf Fitrat, we can come to the following conclusion: sexual relations are considered the basis of human social existence and are actions that ensure the continuity of society. It has always been and always will be whether it is within marriage or outside of marriage. Humanity continues because of sexual relations. If it is completely absent from human life, humanity will decline. Lack of sexual culture among married people, dissatisfaction, and limited opportunities are among the main reasons for the occurrence of extramarital affairs. Marriage is a guarantee of social health and religious and moral values. According to the religion of Islam, whoever says, “Let the one who is able to marry you marry. Because it restrains the eyes and makes the farj healthy (prevents corruption). If not, let him who is unable to do so fast. Because fasting is a protective shield for him.” [2: 9]

In any corner of the world, such shameful acts are always found. This is the reason why marriage practices are wrongly constructed and the principle of sanctity of the family fortress is disappearing in the thinking of young people. Extramarital relationships have always posed a serious threat to society, family, and human health. We have discussed the causes of these unethical attitudes and preventive measures in this paragraph. Interestingly, if we analyze the scientific works of researchers, most of them have drawn conclusions about the harmful consequences of extramarital relations, and society and countries are also struggling with the consequences. For example, we can see that the World Health Organization today reports that more than 40 sexually transmitted diseases kill more than half a billion people every year, millions of people die as a result, and they spend billions of money to save the lives of those with serious diseases. True, we support this activity from the point of view of humanism. We hear their confusion and regret. But why do we promote more about the harmful effects of the disease! Why are we not interested in what causes people who are suffering from diseases and engage in extramarital sex to commit such immoral actions!?

After marriage, young people understand each other on the basis of family values, mutual respect based on good behavior, exciting feelings, emotional closeness are among the motives that form sexual love. This is the basis of family strength and well-being. “Therefore, striving to change the system of cohabitation, that is, polygamy, celibacy, communal sex, etc., is only a search for a way to overcome the difficulties of true love. If a person is lucky enough to find and love his “half”, he will never seek another partner, he will devote his entire existence to the love of his beloved.” [3:169]

The number of extramarital relationships has been increasing dramatically in recent years in nations that are under the influence of mass culture under the conditions of globalization. We can say several reasons for this: the increase in the number of people living alone as a result of the trampling of the national and religious concept of marriage, a sharp change in the attitude of people to the way of life and family values, the decline of the role of the concept of a man as the head of the family in people's thinking, from patriarchy to matriarchy in some families

As a result of the transition, the increase in the number of dysfunctional families, the preference of personal and selfish interests over the honor of family pride, parents, brothers, and neighborhood, the increase of egocentrism, individualism in people, and the increase of materialism, moral and religious values are replaced by luxury and fleeting entertainment. is taking over.

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