

## **EARLY SIGNS AND CAUSES OF SCHIZOPHRENIA**

**Mamatkhonov Maksudbek Marifjon ugli**

Andijan state medical institute

Direction of Psychiatry

Master's degree 3rd year student

E-mail: [Spire94\\_net@mail.ru](mailto:Spire94_net@mail.ru)

**Annotation.** This article discusses the early signs and causes of schizophrenia. Schizophrenia is considered one of the most severe forms of mental disorders. This disease is accompanied by disorders of personality and thinking. The manifestations of schizophrenia are so diverse that some researchers consider it not one disease, but a group of different disorders. The mildest form of this pathology is recurrent schizophrenia, it is also called periodic.

**Key words:** schizophrenia, psychoses, recurrent schizophrenia, schizoaffective psychosis, disease, periodic psychosis, clinical psychiatry, hallucination-delusional psychoses, brain damage, degenerative, hereditary, exogenous diseases.

Patients with recurrent schizophrenia also have psychotic episodes, but they are rare. The number of such episodes ranges from 2 to 4 and some people have only one attack throughout their lives. This form of schizophrenia is characterized by the presence of remissions of very high quality. Patients rarely experience pathological personality changes.

Periodic schizophrenia has a lot in common with affective psychoses. It occupies a borderline position in the classification of schizophrenia and affective disorders. The favorable course of the disease and the development of pronounced affective disorders at the time of the attack bring recurrent schizophrenia closer to manic-depressive psychoses, but the occurrence of catatonic and delusional disorders makes it possible to consider this pathology as one of the forms of schizophrenia. In the special literature, you can find such names for recurrent schizophrenia: an atypical variant of manic-depressive psychosis, schizoaffective psychosis. Quite often, this pathology is called the third endogenous disease.

Schizophrenia is a severe polymorphic mental disorder accompanied by a bifurcation of the intellectual and emotional-volitional functions. People can no longer adequately perceive reality and have pathological behavioral characteristics that do not allow them to live a normal life.

The mechanism of the development of the disease is not associated with environmental factors, but is due to an internal dysfunction of the body. In the vast majority of cases, self-treatment is ineffective, therefore, if symptoms are detected, it is necessary to immediately contact doctors who will conduct a comprehensive diagnosis of the body, determine the presence and level of the problem and prescribe adequate treatment.

Schizophrenia: symptoms and signs. Most often, the disease in women manifests itself in the form of seizures, which are accompanied by a symptom complex: paranoia, delusions, hallucinations, frequent reflections, as well as the formation of conflict situations with people around them against the background of social interests. It develops at the age of 27 to 37 years, during the period of critical days, the symptoms can quickly worsen - this is due to the rapid change in hormonal levels. With a single manifestation of an attack, doctors do not always diagnose a persistent disease.

Symptoms and signs of schizophrenia in men. Men develop earlier and more rapidly than women, usually between the ages of 15 and 35. An interesting fact is that in bachelor men the problem occurs 4 times more often than in married men.

In most cases, it has a constant course and is accompanied by a characteristic symptom complex: self-isolation from society and close people, aggression without objective reasons, the appearance of extraneous voices in the head and persecution mania.

Causes of schizophrenia. The exact cause of the development of the pathology has not been established today, however, there is a clear dependence at the genetic level, when people whose ancestors have already

encountered this problem are exposed to the disease, as well as some other mental illnesses, including: suicidal tendencies, depression, psychoses.

In scientific circles, the theory of the development of schizophrenia in women who have given birth to a child is quite widespread - there is no evidence for it, but we can talk about the presence of a stressful situation that can serve as a catalyst for the manifestation of the disease. Among other reasons, experts note: social factors, drug addiction and alcoholism.

Forms and stages of schizophrenia. The disease has several main forms and stages. In accordance with the nature of the manifestation, as well as the intensity of symptomatic manifestations, there are four main forms: Catatonic - accompanied by a stupor in actions and thinking. Perhaps the appearance of short-term stages of excitation;

Paranoid - a severe form, accompanied by obsessive states, hallucinations and delusions;

Residual - characterized by a chronic course, accompanied by a blunted emotional state;

Hebephrenic - often observed in young people, is considered the most difficult type, accompanied by a loss of the possibility of adaptation in the social environment.

It has three main stages of flow: mastery (the familiar world is distorted by hallucinations, its perception changes), adaptation (they get used to the new realities of the disease - the state becomes ordinary), degradation (emotional devastation occurs, time and space lose their significance for the patient).

Methods and treatment of schizophrenia at the Profi-Detox Clinic. Profi-Detox Psychiatric Clinic provides services for the treatment of patients suffering from schizophrenia at all stages of development. The clinic employs experienced highly qualified specialists, providing an individual approach to each patient.

For the treatment of patients, an integrated approach is used, including two main methods: biological (involves the use of medical procedures and medications) and psychosocial (involves the psychological work of specialized doctors). The choice of the optimal scheme is made only by the doctor, based on the data of the initial examination and the results of the tests.

Treatment of schizophrenia in men. For the treatment of schizophrenia in men, an integrated approach is used, involving the use of medications and a number of therapeutic methods. The stage is lengthy and may take several years.

The procedures are prescribed taking into account the nature of the course of the disease in men, therefore, it can differ significantly from the treatment of female schizophrenia. For men, the support of loved ones and those around them is very important.

Treatment of schizophrenia in women. Women are treated based on two main methods: biological and social therapy. Biological therapy may include shock and drug treatments. Particular attention is paid to the relief of exacerbations, leading to a general deterioration of the situation.

In most cases, treatment is carried out on an outpatient basis, but hospitalization is recommended for the second and third stages of development.

Translated from the ancient Greek, the term means "split of the mind" or a split of the mind, one might say insanity. But it is more correct to say - "split personality". Also in early psychiatry, schizophrenic disorder is also referred to as dementia ("dementia praecox") or schizophrenia. The condition is an endogenous (due to internal factors) polymorphic disorder of the human psyche, accompanied by the destruction of thought processes and emotional reactions.

This disorder is characterized, first of all, by the destruction of thinking and perception of reality, which becomes inadequate.

General symptoms of schizophrenia. Signs of schizophrenia:

Violation of logical connections and sequences of actions in social and domestic plans. For example, the patient does not take care of his body and personal space, because he does not see the point in this.

Violations of verbal functions and saturation of speech. The patient begins to speak very slowly and in monosyllables, is unable to give a detailed answer to the question.

Decrease in emotional manifestations, up to their complete absence, inexpressive facial expressions, a glassy look, avoidance of eye contact.

A sharp drop in the level of concentration, the patient is unable to concentrate. Anhedonia is a complete loss of interest in past hobbies. It is considered as an early sign of the disease.

Affective states. Absolute inadequacy of reactions to various situations. Laughter at someone else's grief or tears for no reason.

Schizophrenia is considered one of the most severe forms of mental disorders. This disease is accompanied by disorders of personality and thinking. The manifestations of schizophrenia are so diverse that some researchers consider it not one disease, but a group of different disorders. The mildest form of this pathology is recurrent schizophrenia, it is also called periodic.

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