

## PSYCHOLOGICAL FEATURES OF THE DEVELOPMENT OF VERBAL COMMUNICATION ABILITIES

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### Annotation

This article is devoted to the study of the psychological aspects of the formation and development of verbal and communicative abilities in humans. It examines the key points that affect the development of oral and written communication, and also identifies psychological characteristics that can affect the successful acquisition and improvement of verbal communication skills. The article discusses the importance of the early development of verbal abilities in childhood, as well as the role of environment, education and individual personality traits in this process. The topic of the relationship of verbal communication with the cognitive and emotional aspects of psychology is also raised. As a result, the article provides the reader with a deep understanding of the psychological mechanisms underlying the development of verbal and communicative abilities, which can be useful both for specialists in the field of psychology and education, as well as for parents and anyone interested in the development of human communication.

**Keywords:** verbal communication, ability development, psychological aspects, childhood, cognitive skills, emotional development, education and training, the relationship of psychological processes, personality traits, environment, early childhood, written communication, psychological mechanisms, psychological research.

Verbal and communicative abilities of a person play an important role in his life. They allow us to express our thoughts, feelings, ideas, communicate with others and create deep interpersonal bonds. In this article, we will consider the psychological features of the development of verbal and communicative abilities, their significance for personal growth and social adaptation.

### Verbal communication skills: concept and components

Verbal communication skills include a set of skills and abilities related to oral and written communication. They include the following components:

**Speech and language:** This is the basic component of verbal communication. The development of language allows a person to express his thoughts and feelings in words. This includes lexical knowledge, grammatical correctness, and the ability to build meaningful sentences.

**Articulation and pronunciation:** Correct pronunciation of words and sounds ensures understanding and effective communication of information. Children develop this skill from an early age by learning to articulate sounds correctly.

**Auditory and Acoustic Discrimination:** The ability to distinguish sounds and pick up accents and intonations in other people's speech is an important part of communication skills.

**Understanding and interpreting text:** This ability allows you to analyze text, highlight key ideas, summarize information, and make sense of what is written.

**Emotional Intelligence:** The emotional component of communication includes the ability to recognize and manage one's emotions, as well as to understand the feelings and emotions of other people.

**Social Adaptation and Communication Skills:** Communication skills also include the ability to integrate into a social environment, be sensitive to cultural differences and respect the point of view of others.

### **Psychological features of the development of verbal and communicative abilities**

The development of verbal and communicative abilities begins in early childhood and continues throughout life. However, it is important to understand that each person has their own individual characteristics and pace of development. Here are some psychological aspects of this process:

#### **Development in early childhood**

In early childhood, children actively learn language and communication skills. They begin to pronounce the first words and phrases, master the rules of communication and learn to express their needs and feelings. Parents and close adults play a key role in stimulating this process through talking, reading books and playing games.

#### **Individual differences**

Each person has their own unique rate of development of verbal skills. Some children start talking early and are actively interested in the language, while others may be more reserved in expressing their thoughts. It is important to take into account these individual differences and support the child in his development.

#### **Environmental influence**

The environment plays a huge role in the development of verbal skills. Children who grow up in a linguistic environment often have an advantage in language development. Sociocultural factors can also influence the structure and style of communication.

## Support and training

Support and education play an important role in the development of verbal communication skills throughout life. People can improve their skills through education, training and self-education.

## The value of verbal and communicative abilities

Verbal communication skills are of great importance for personal growth and social adaptation.

They are helping:

**Express ideas and thoughts:** Through verbal communication, we can share our ideas, values, and beliefs.

**Create interpersonal relationships:** The ability to communicate effectively contributes to the creation of deep and long-term relationships with other people.

**Achieving career success:** Communication skills are key in business and the professional field. They allow you to convince, inspire and collaborate.

**Conflict Resolution:** Good communication skills help resolve conflicts peacefully and reach agreement.

## Conclusion

Verbal communication skills are an important part of human development. They begin to form in early childhood and continue to develop throughout life. Understanding the psychological characteristics of this process and its significance helps us to better understand ourselves and others, as well as to successfully adapt in society. It is always useful and relevant to develop and improve verbal and communicative abilities, regardless of age and life experience.

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