

HIRUDOTHERAPY AS A METHOD OF REHABILITATION AFTER STROKE AND BRAIN INJURY

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Strokes and brain injuries are serious conditions that require a comprehensive approach to treatment and recovery. One of the unusual but effective methods of rehabilitation is hirudotherapy - the use of medicinal leeches for medical purposes.

Medical leeches help improve blood microcirculation in the areas where they are used. This is especially important for restoring neurological function after a stroke or brain injury.

The anti-inflammatory properties of medicinal leeches help reduce inflammatory reactions in brain tissues and blood vessels, which promotes faster recovery.

Medical leeches secrete substances that have an analgesic effect. This helps reduce the intensity of headaches that often accompany strokes and brain injuries.

Hirudotherapy can help patients better adapt to new living conditions after a stroke or brain injury, improving their quality of life.

Before using hirudotherapy in the rehabilitation process, especially for such serious conditions as stroke or brain injury, you should consult your doctor. It is also important to choose a qualified specialist to carry out the procedures.

Conclusion:

Hirudotherapy is an effective and safe method of rehabilitation after stroke and brain injury. Its multifaceted mechanisms of action help restore neurological functions and improve the quality of life of patients. However, as with any treatment method, it is important to carry out the procedures under the supervision of an experienced specialist. Hirudotherapy, combining ancient traditions and modern scientific approaches, continues to help restore the health and quality of life of people who have suffered strokes and brain injuries.