

PRIMARY SCHOOL STUDENTS PHYSICAL AND THE ROLE OF FUTURE PHYSICAL EDUCATION TEACHERS IN PERSONAL DEVELOPMENT.

Isoqov Jamshid Zikrillayevich

Uzbekistan, JDPI, Correspondence (special correspondence) department
distance in the social sciences and humanities
teacher of the department of education.

Annotation: The school will focus on health, education and upbringing of primary school students. In this article, elementary school students are physical and the role of future physical education teachers in personal development.

Keywords: health, education, national games, modern innovative technologies, pedagogical skills, pedagogical techniques.

Teachers of the younger generation are required to fully master modern innovative technologies, to use information and communication technologies wisely, to be aware of all the secrets of education in general. are given. In studying the issues related to the scientific and pedagogical activity of future physical education teachers, it is useful, first of all, to analyze the content of the concepts related to this phenomenon. VA Sukhomlinsky, a well-known Russian pedagogue, said: "One of the secrets of pedagogical leadership is to arouse teachers' interest in regular research and analysis of their work. He who tries to distinguish between good and bad in his lessons, in his interactions with students, to be timely in his achievements and shortcomings, has achieved half the success of pedagogical activity," he said. expressed. From this point of view, a future physical education teacher who has just started his pedagogical activity cannot be completely physically and mentally relaxed or completely relaxed. Prominent scientists in the country, who are engaged in the problems of physical education in the physical and personal development of primary school students, have made some progress in the study of the Uzbek national games. One of such works is the work of Professor T.Usmonkhodjaev. The scientist focuses on children's movement games, classifies and describes them. His research has developed new conceptual approaches to the concept of "physical maturity" of the younger generation, taking into account the specific conditions of Uzbekistan.

The tasks of physical education for primary school physical education teachers are determined by the age characteristics of the children, but the overall purpose of physical education is not overlooked. The school is designed to provide health, education and upbringing for primary school students. Loyalty to the teaching profession in the pedagogical activity of future physical education teachers in the physical and personal development of primary school students, excellent knowledge of the methods of teaching their subject, the ability to demonstrate pedagogical skills, pedagogical One of the most important components is the ability to apply the technique on its own. Every prospective physical education teacher is constantly interacting with the student in parallel with his or her teaching and learning, in addition to delivering the exercise to the student. Because every student is constantly evolving mentally, emotionally, and physically, elementary school students need to be in constant contact with future physical education teachers in their physical and personal development. it is necessary to constantly develop its professional activity, thoroughly studying the mechanisms of action, first of all, the theory of psychology and upbringing, taking into account the nature and physiological characteristics.

The following are important for the full development of the pedagogical skills of future physical education teachers in the physical and personal development of primary school students.

first, to have mastered the subject in accordance with the requirements of the time

second, to have psychological and pedagogical knowledge (students)

be able to use methods appropriate to the character);

and third, to incorporate pedagogical inquisitiveness and dedication

It should be noted that the physical development of the younger generation in our independent state is one of the most pressing issues today. We need to focus on instilling in primary school students a sense of respect and care for national culture and values. In order to further stimulate the health and educational work of primary school students through movement games, it is necessary to determine the relationship between their physical development and fitness.

REFERENCES :

1. Ishmuxamedov R.J., Yuldashev M. Ta'lim va tarbiyada innovatsion pedagogik texnologiyalar.– T.: “Nihol” nashriyoti, 2013, 2016.–279b.
2. Sergeev I.S. Основы педагогической деятельности: Учебное пособие. – SPb.: Piter. Seriya “Uchebnoe posobie”, 2004–316 s.
3. Pedagogika nazariyasi va tarixi // To'xtaxo'jaeva M.X. tahriri ostida. – T.: “Moliya-iqtisod”, 2008.y