### **UZBEK CUSTOMS**

Navruza Ilyasova
Farangiz Ulmasova
Students of the Kattakurgan branch of
Samarkand State University

Murodova Muqaddas
Scientific Supervisor
Teacher of the Kattakurgan branch of
Samarkand State University

#### **ANNOTATION**

This article deals with the national customs and traditions that are characteristic of the Uzbek people and have been formed and preserved for several thousand years.

### **АННОТАЦИЯ**

В данной статье описаны обычаи и традиции узбекского народа, которые формировались и сохранялись на протяжении нескольких тысячелетий

**Ключевые слова:** традиция, хатна, колыбельная свадьба, венчание, благословение венчания, узбеки.

**Key words:** tradition, cradle wedding, khatna, congratulations, wedding, traditions, Uzbek.

National values are undoubtedly directly related to the development or crisis of the nation. In other words, it is obvious that it is related to our national values. Values develop as a nation develops, and depreciate as a nation faces a crisis. The basis of national values are customs, ceremonies, holidays.

Throughout the long history, mutual respect, mutual support, good neighborliness, childishness, respect for parents, and loyalty have been respected in every way in the relations of Uzbeks in their daily life.

Restoring national values means giving them a new content suitable for the present time.

The harmonization of national and universal values, the peaceful and harmonious living of the citizens of Uzbekistan during the years of independence, and the

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stability of all the peoples and nations living in Uzbekistan are becoming a great social and political value of the people.

National-spiritual values include social phenomena concentrated at the intersection of the concepts of "nationality", "spirituality" and "value".

Also, the families of the Uzbek people are alive with their customs and traditions.

The unique values of Uzbek families are their hospitality, respectful treatment of older people, respect for younger people. According to Uzbek traditions, it is the right of the host to make and pour tea for the guests.

Uzbeks also have their own rules for greeting. When they greet, mostly men shake hands, and when they greet women and people standing at a distance, they put their right hand on their chest and gently bow their head.

There are many other traditions in Uzbek families, such as cradle wedding, circumcision, blessing wedding, marriage ceremony, morning meal. Each of these is implemented differently in different regions.

Cradle wedding is the process of putting a baby in a cradle for the first time after birth, and this ceremony is held in a special order. Gifts are prepared for the baby's parents and grandparents. A crib is given for the baby. According to tradition, the baby's grandfather puts the cradle on the right shoulder of the baby and hands it to the father. After placing the cradle on his right shoulder with good intentions, the father also hands the cradle to the baby's mother. Elderly women perform the ceremony of cradling the baby. At the end of the ceremony, guests come to see the baby and give gifts. Therefore, the wedding of the crib comes to an end.

Wedding is celebrated very solemnly because this ceremony is extremely important in the life of Uzbeks. The main part of this ceremony is that wedding food is prepared from the bride's parents' house at the groom's house and sent to the bride's house. Wedding food from the groom's house is placed on the table prepared for the guests who come to the bride's house. A similar ceremony of distribution of wedding food is held at the groom's house. On the day of the wedding, the imam of the mosque reads the "Khutbai Nikah" to the two young people, after which they are declared husband and wife before God. A civil marriage is registered after the marriage is read. Before the bride is sent to the groom's house, a farewell ceremony is held with the bride's parents. After that, the bride and her close friends accompany the bride to the groom. The real wedding begins when the bride is welcomed to the groom's house. After the wedding, the groom escorts the bride to the room reserved for the groom. There, the bride is welcomed by the "bride-new", the bride puts on a different dress and prepares to follow the groom behind the veil. How much later will we come and

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symbolically buy it again to enter in front of the bride and enter in front of the bride. The bride and groom are left alone until morning.

In the morning, a greeting ceremony will be held. Parents and close relatives of the groom take part in this ceremony. Each of them presents their gifts and good wishes to the bride. And the bride bows to them and greets them. Therefore, after the holiday, family life begins.

In short, the Uzbek people are considered to be a nation rich in various customs and traditions. These customs and traditions have been preserved for years and are ingrained in the blood of every Uzbek representative.

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