

CAUSES AND METHODS OF TREATMENT OF RETARDATION OF MENTAL DEVELOPMENT RELATIVE OF AGE

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Abstract:

Factors causing retardation of mental development. Negative situations in a child due to retardation of mental development. Ways to prevent and treat mental retardation.

Keywords: Oligopheny, neuropsychologist, fear, family, relationships, terapevtik massaj, psychology, social rehabilitation malformation.

Introduction

Mental retardation is a disease characterized primarily by intellectual disability due to congenital or acquired brain disorder before the age of three. Etiological factors of mental retardation are divided into three main groups depending on the exposure time :

1. A group related to diseases of reproductive, i.e, generative cells.
2. During the period of internal development that is, the group related to the impact on the fetus.
3. Parental period, i.e the period of three years.

The causes of the disease.

In some cases it is difficult to determine Oligophenia for this reason, even if a pregnant woman does not consume enough foods rich in amino acids, glucose, vitamins and mineral energy the possibility of giving birth to a mentally retarded child increases. Nervous disorder of a pregnant woman causes the birth of an unhealthy child. If we consider these as biological reasons, the social reasons that cause mental retardation include the following:

1. Obstacles that limit the child's active life.
2. Unfavorable conditions for education, the environment of the child and his family.
3. Early trauma.

Symptoms observed in children with mental retardation:

1. Lack of child's interest in playing with toys.
2. The child's lack of interest in the actions of others.
3. That the child does not ask questions about the world around him.
4. Inability to understand or explain the processes occurring in the child's mind.

Diagnosis and treatment of disease:

Babies who are behind in mental development do not have any problems with their physical appearance, so parents do not notice the delay in mental development because they think that some mental changes in the baby are suitable for him. In children, the first symptoms of the disease are felt when they go to kindergarten or school. In general, this condition is felt when the child is with his peers or performs the same tasks. At school, such children face various difficulties in following the rules of behavior. For such children play becomes an indifferent activity. They struggle to organize the curriculum. Thinking, memory work on the subject develops at a low level.

Analysis and result :

At the first signs of lagging behind in mental development, parents should contact the mother's office.

Stages of mental retardation in children:

1. From four months to one year, the child does not react to his parents.
2. Up to a year and a half, the baby does not pronounce simple words does not pay attention when his name is called.
3. At the age of two, the child uses small words and can not remember new words.
4. At the age of two, the child's vocabulary does not exceed, twenty. He/she can not make sentences out of words and does not understand the names of things.
5. Three years old does not understand simple stories and can not repeat what is said.
6. At the age of four the baby does not have coherent speech. Auditory and visual memorization is low.

Disease treatment methods

The main methods of treatment are microcurrent reflexologues that is, the effect of electronic impulses on the active parts of the brain. The method is used in brain organic malformations. Regular consultations with defectologists and speech therapists. Therapeutic massage articular gymnastics, methods of restoring memory, attention and thoughts have a good treatment method is drug treatment it is determined only by neuropathologists the key to effective correction is a comprehensive approach that is, it is necessary to combine the use of drugs, training with speech therapists, psychologists, and a personal approach to education.

Such programs are primarily aimed at providing employment to people with mild mental retardation. It is very important that patients are not isolated from society for this, there are educational institutions with a specially adapted program where patients can learn simple professions. The participation of parents plays an important role in the treatment process.

Creating a happy environment in the family , proper upbringing and support increases the self-confidence, reduces stress and archives effective result in treatment.

Conclusions and recommendations

If the child's developmental delay is serious first of all it is necessary to basic things in life. Hygiene (teaching them how to wash their hands and basic things like that) i.e teach them to be clean all the time then the child will have less mental stress. Because if the child is clean he does not smell bad, then it will be convenient for others to communication with him. Everything should be taught so, that the problem to those who are with him these skills are more important to him than distinguishing the letter a from the letter b get the disease.

In order to prevent development delay in the child, it is necessary to prevent various negative situations during pregnancy to avoid various diseases during pregnancy. The main task of parents should be to create the necessary conditions for the proper. Development of babies and a good environment in the family. After birth the child should always be under the supervision of a doctor and follow the doctor's instructions. It is very important for the child to feel at ease in the family. This helps him to move around the environment and perceive the world around him properly.

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