

## ЖИСМОНИЙ МАДАНИЯТ ЎҚИТУВЧИЛАРИНИНГ ШАХСИЙ ХУСУСИЯТЛАРИНИ РИВОЖЛАНТИРИШ

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### Аннотация

Ушбу мақола бўлажак ўқитувчиларда фуқаролик ва ватанпарварлик компетенциясини ривожлантириш мезонлари ва кўрсаткичларидан “Ўзлюксиз маънавий тарбия концепцияси”ни жорий этишда тарбияланганликни баҳолаш индикаторлари сифатида фойдаланилган. Натижада бўлажак педагогларни талабаларда Ватанга садоқат компетенциясини шакллантиришга тайёргарлигини ташхис этиш имконияти ошган. Тадқиқот доирасида ишлаб чиқилган ватанпарварлик туйғусини ривожлантиришнинг компетенциявий ёндашувга асосланган интерфаол шакл, метод ва воситаларидан “Тарбия фанини ўқитиш технологияси” қўлланмасини ишлаб чиқишда фойдаланилган. Мазкур таклифлар бўлажак педагогларни тарбиявий фаолиятга тайёрлаш, уларда фаол фуқаролик позитсиясини ривожлантиришга имкон яратган.

**Таянч сўзлар:** Ватанпарварлик онги, ватанпарварлик дунёқараши, маънавий-ахлоқий, фуқаролик-ватанпарварлик, ҳарбий-ватанпарварлик, спорт ва ватанпарварлик, педагогика, бўлажак ўқитувчилар, тарбиявий фаолият, таълим, тарбия, компетенция, модернизация.

## РАЗВИТИЕ ЛИЧНОСТНЫХ ХАРАКТЕРИСТИК ПРЕПОДАВАТЕЛЕЙ ФИЗИЧЕСКОЙ КУЛЬТУРЫ

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### Аннотация

Данная статья была использована в качестве показателя оценки воспитанности при введении "концепции непрерывного духовного образования" из критериев и показателей развития гражданско-патриотической компетентности будущих педагогов. В результате возросла возможность диагностики готовности будущих педагогов к формированию у студентов компетенции лояльности к Родине.

Разработанные в рамках исследования интерактивные формы, методы и средства, основанные на компетентностном подходе развития чувства патриотизма, были использованы при разработке учебно-методического пособия "педагогическая наука и технология обучения".

Эти предложения позволили подготовить будущих учителей к воспитательной деятельности, развить в них активную гражданскую позицию.

**Ключовые слова:** Патриотическое сознание, патриотическое мировоззрение, нравственно-нравственный, гражданско-патриотический, военно-патриотический, спортивно-патриотический, педагогика, будущие учителя, воспитательная деятельность, образование, воспитание, компетентность, модернизация

## DEVELOPMENT OF PERSONAL CHARACTERISTICS OF PHYSICAL EDUCATION TEACHERS

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**Annotatsiya.** This article was used as an indicator of the assessment of upbringing when introducing the "concept of continuous spiritual education" from the criteria and indicators of the development of civil and Patriotic competence of future teachers. As a result, the ability to diagnose the readiness of future teachers to form students ' loyalty to the Motherland has increased.

The interactive forms, methods and tools developed in the framework of the study, based on the competence-based approach of developing a sense of patriotism, were used in the development of the educational manual "pedagogical science and technology of education". These proposals made it possible to prepare future teachers for educational activities, to develop an active civil position in them.

**Keywords:** Patriotic consciousness, Patriotic Outlook, moral, civil-Patriotic, military-Patriotic, sports-Patriotic, pedagogy, future teachers, educational activities, education, upbringing, competence, modernization.

### Introduction

In prospective teachers, qualities such as humanity, pedagogical creativity, positive role models for young people, restraint, self-control in public places and audiences (classrooms), self-control, kindness, concern for their students, truthfulness (in assessment, characterization), assertiveness, possession of a sense of humor, cheerful character, emotional-

positive mood, adherence to professional etiquette and morality in communication with students, respect and understanding of the personality of educators should be formed.

It is necessary that the teacher has a high level of professional and pedagogical culture. Professional-pedagogical culture-a certain level of demand of the educational process for the full-fledged functioning of intellectual, creative forces and professional-personal abilities; this is the educational activity and educational process of those who receive education, the exact Organization of interaction between them, pedagogical management and legal control; the result of professional-pedagogical activity.

In the Encyclopedia of pedagogy, the concept of professional culture is described below-gicha: "professional culture is a social phenomenon in which one can awaken pleasure in others, whether it is a product of qualified actions or labor activity based on the knowledge and experience gained by a person. Includes the professional culture, knowledge, skills, qualifications, ability, moral and aesthetic development, worldview, methods and forms of interaction with people, the strength and potential that the person carries out at the level of his talent".2

And pedagogical culture"... a term that expresses the achievements of a teacher in the process of his professional activity, enlightenment, professional etiquette, skill. As components of the pedagogical culture of the teacher, its level of intellectual development, professional thinking, professional competencies, etiquette, image, communication skills constitute".3

In pedagogical culture, such components of the future teacher of physical culture as the culture of communication, professional-communicative activity occupy an important and decisive place. The professional-pedagogical activity and communication of the future teacher of Physical Culture is considered as an important factor in improving the quality of professional training of specialists in the modern educational system.

**The purpose of the work.** The quality of professional training of future teachers is, first of all, their readiness for pedagogical communication, the ability to perform certain professional actions on the solution of educational and methodological and spiritual and educational tasks. On the basis of this lies a certain knowledge, skills and abilities of future teachers, and above all the culture of pedagogical communication.

It is possible to include in the requirements of the communication culture of future teachers, the skills of providing information to students clearly and fluently, knowledge of giving the right advice and suggestions to colleagues, expression of transparency of assessment, expression of desires, correct use of speech and non-speech means of communication and speech norms, satisfaction of understanding, aesthetic, moral, communicative needs in communication.

These requirements are, first of all, cultural and communicative qualities that are extremely important in professional and pedagogical activity-emotional culture, beliefs of educators,



influence on them; motivation; professional development; theoretical knowledge and awareness of the structure and technology of communication (creative approach to them); knowledge of the interlocutor's psyche; pedagogical cooperation and interpersonal interaction; mastering pedagogical tactics; pedagogical communication techniques;

The peculiarities of the pedagogical professional communication culture of the future physical culture teacher are expressed in the following:

in the development of his physical qualities and abilities to the most optimal level;

in being attentive to the beauty, plastic freedom and health of the human body (due to active involvement in physical education);

in the perception of certain forms of achievements in physical education and sports, such as aesthetic phenomena;

aesthetics in sports has a high value of beauty, in which this sporting phenomenon "manifests itself in its particular emotional integrity as a value of the individual, contributes to the comprehensive development of the individual, the expansion of the boundaries of his freedom, individuality," and provides an opportunity for the opening of his hidden intellectual and creative possibilities.

It is necessary that future teachers of Physical Culture know professional communication, are physically and spiritually trained, have the ability to attract students to sports in the future. Sports and aesthetics, sports and ethics, sports and Communication, Sports and Culture, Sports Culture and the development of personality – pedagogical culture in practice – the understanding, understanding and integration of the communication of the future teacher of Physical Culture are complementary and integral concepts. In the process of forming the teacher of the future physical culture, it is especially important that the beauty in sports, that is, its own ugliness, embodiment, evoke high pleasure in pedagogical activity, leave deep impressions and bring unforgettable emotions to Junbish.

Thus, the professional-personal world of a physical culture teacher has its own, different purpose-content, which should be socially oriented. The most important thing is that future teachers of Physical Culture improve their communicative competence, penetrate the socio-physical culture of the school, the life of being, and approach them creatively.

**Research results and their analysis.** The future teacher of physical culture should look for specific technologies, methods of innovation, optimal methods, ways, modern tools for the formation of physical communicative culture in schoolchildren. Of great importance in this is its professional culture, the culture of pedagogical communication (rules, norms, regulations, content, technology of communication) based on pedagogical ethics.

In this regard, the pedagogical problem requires consideration and clarification of the relevant pedagogical-psychological aspects. In particular, personality individuality; age and psychological characteristics; motivation; emotional factors; psychological aspects – aesthetic

perception of an athlete's performance; valuable directions in the field of sports; psychology of communication; psychology of professional ethics; self – observation – perception – attention-self – development – control –upbringing – awareness – modernization – socialization – assessment-covers all types of reporting.

When we talk about the formation of professional culture in future teachers of physical culture, we should pay special attention to the essence of the concept of "personality". "Personality" is a person who actively assimilates Nature, Society, himself and, directing himself to a specific goal, has a unique, evolutionary proportionality of transformative, spatial and temporal directions, needy-volitional experiences, content orientations, mastering the levels of activity and forms of its implementation."

In later years, the concept of a person is interpreted in different ways: 1) "a person is a person, as a member of society, as a holder of consciousness; 2) a person, capable of self – realization and self-development, as a subject of relations and conscious Activity; 3) a stable system of quality, attitude, guidance and motives with a social essence that characterizes a person

As can be seen from the above definitions, all interpretations of the concept of personality are plausible and correctly stated. But we must consider the concept of personality from a pedagogical point of view. In our study, the personality, its structure and orientation were studied by V.V. We will explain, following the comments of Bogoslovsky. A person is a concept that reflects his wealth as a member of a society, the colorfulness of his contacts with other people, his active attitude towards life. And personality communication shows its colorful connections with different aspects of social life, its spiritual world.

The personality of the teachers of the future physical culture is a period of active understanding of the emotional world, improvement of their psychic processes, general and special objects, active development of their thinking, the formation and development of their morality, their worldview, morally determining their place in society, determining their relationship with those around them. This period is the period of the emergence of theoretical intelligence, professional development at a certain level and the formation of relevant knowledge, skills, skills, general and special abilities. They are interested in performing in public as well as interacting with those around them. They want to manifest themselves through self-formation, improvement, media. Future teachers of physical culture tend to educate themselves, improve their appearance, enrich their spiritual world. Students of higher educational institutions for spiritual-aesthetic and moral education and professional-personal self-improvement feel a great need for recommendations on the aesthetics of pedagogical communication.

### **Conclusion:**

in the process of the personality of future teachers of physical culture, their individuality, especially professional communication, the following are taken into account: temperament,



character, individual characteristics, personal qualities, interests, perception, ability, intellect, etc.

In the creativity of future teachers of Physical Culture, the following personal factors should be manifested: vivid emotion; creative thinking (artistic); expressiveness of actions; individuality; striving for innovation; self-expression, the discipline of mind and soul; civic self-awareness, etc.

In our research work, we used terms and concepts such as strength, lightness, beauty, harmony, form, rhythm, dynamics, fluency, elegance, femininity, expressiveness, controllability, balance-dullness, empowerment, strength and power, speed, risk, accuracy, sense of time, technique, strategy, tactics, pace, competitiveness, self-control, pleasure, aesthetic pleasure, emotional-aesthetic pleasure, joy.

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