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BOXING SPORT AND ITS IMPORTANCE IN UZBEKISTAN

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Annotation:

This thesis talks about general information about the sport of boxing, about the ups and downs from history to the present, and at the same time about the sport of boxing in our country, about the opportunities offered to young people.

Keywords: Absolute champion, world championships, bronze plates, longest battle, world famous boxers, Hollywood film, Youngest Champions, Olympics, gold medal.

Many people agree that boxing should be banned. Such a view in the history of boxing has caused protests many times. The main reason for those who oppose him is as follows: this is a very cruel, even wild sport. It is these people who are curious what their relationship will be like when they see the first boxing fights in Ancient Greece, which took place at the Olympics and other competitions. Some of the rules of boxing at the time were very similar to modern rules. But there was one big difference: instead of gloves, fighters wore gloves called sestus. It was a skin covering covered with lead or bronze plates. As you might guess, there is no doubt that the blow with sestus was a scab! Boxing (Eng. box-punching, tattooing) - a sport, a competition of two opponents with a leather surface, a rule-based single-sided punch in gloves with a soft inside. The history of boxing goes back to the singles punching competitions organized in Egypt and Babylon in the pre-BC period. There were also such competitions in the program of the ancient Olympic Games of Greece. Modern boxing is native to England (16th-17th centuries). B.the original provisions of were adopted in that country (1867). The International Amateur Boxing Association (AIBA; founded 1946) has 160 member countries (1999). B. From 1904 the Olympic Games were included in the program, from 1974 the world championship, and from 1979 the World Cup competitions were held. After the fall of the Roman Empire, no games were played until Boxing was "lost" and revived in England in the early 18th century. This sport "after rebirth" soon became a very popular activity, and this popularity has been going on for 100 years. The fights were open, i.e., with fist fights without gloves. Most of them lasted several hours. Fighting and carrying shots were allowed. The round ended only when one of the fighters managed to knock down his opponent, and the rest time between them could change. This tough fight continued at the beginning of the next round until one of the fighters could find the strength to climb into the ring Center. Naturally, boxing in such a cruel form caused sharp resistance from the public. Something had to be changed to

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maintain this sport. For this purpose, they began to use gloves filled with soft objects such as cotton. Then gradually the old rules became more regulated. Finally, in 1867, an important step was taken: the Marquis Queensberry proposed a set of rules that benefited boxing and restored it to its former popularity. In particular, the duration of each round was limited to three minutes. The break between rounds had to take a minute. These rules have been adopted all over the world and are still in effect to this day. Until the 20th century, boxing was practiced mainly in two countries: England and the United States. Later boxing became widespread around the world, and today it is one of the most popular sports in the world. Interesting facts about boxing:

1. Total revenue exceeds \$ 300 million

How much did Oscar De La Hoya manage to earn during his combat career only as a payment for battles.

2. Famous Russian boxers

Many famous personalities of our country loved this sport: Vladimir Vysotsky, Alexander Rosenbaum and even Alexander Pushkin.

3. The most resourceful

Boxing is so popular that people earn money here from everything. For example, boxer Julius Francis, anticipating his defeat, posted an advertisement in a match with Mike Tyson.

4. Absolute champion

This title will be received by an athlete who has received three championship belts from four main versions in one weight class.

5. Cinema

Sports-themed films often become boxing-related stories. There are more than a hundred full-length films related to this martial art.

6. Most popular promoter

Dong King is considered the most famous fight organizer in the world. His participation included more than 500 title belt fights in various weight classes.

7. Youngest Champions

The youngest heavyweight champion was Mike Tyson at the age of 20. There have been younger professional belt holders in history. The record is held by Wilfred Benites. He won the Championship at the age of 17.

8. Long lived

The longest-lived professional champion was the German boxer Max Schleming, who died at the age of 99.

9. Longest battle

Americans Jack Burke and Andy Bowen had the most rounds in the ring in 1893. The confrontation lasted more than 7 hours.

10. There was not a single knockdown in my career

During all the fights, the referee did not open a count against David Tua, despite appearing in the ring for 18 years.

Uzbekistan also has a strong focus on this sport. For the first time in Tashkent, the organized World Boxing Championships began. Leather glove Masters from five continents will go to the ring for a set of 13 medals during may 1-14.

The national team of Uzbekistan is attracted by boxers who today are unmatched in their weight. Among the leather glove Masters defending the honor of our country, among the world-recognized famous boxers who have won prestigious prizes in the world of boxing, there are also talent owners who are now stepping on a big sport.

It should be noted that the Uzbek boxing school is recognized as one of the strongest in the world, and the result is also expected to be high at the World Championships in Tashkent.

Compassionate to sports fans sports.uz the portal will present to your attention interesting facts about Uzbek boxing in connection with the World Cup.

As an independent team, Uzbekistan has participated in world championships since 1993. At the competition in Finland, Hikmatulla Ahmedov presented the first prize for our country – a silver medal. Uzbek boxers are recorded at the world championships with a total of 10 gold, 15 silver and 19 bronze medals, a total of 44 medals in the overall standings, sixth behind Cuba, Russia, the United States, the former Union and Kazakhstan. The first world champion from Uzbekistan is Ruslan Chagaev. Ruslan Chagaev and Abbas Atoev have been world champions on two occasions, Mukhammadkadir Abdullaev, Ogabek Heydarov, Shahram Ghiyosov, Shahobiddin Zoirov, Mirazizbek Mirzakhalilov and Bahadir Jalolov once. Ruslan Chagaev is our first and only boxer to become a world champion both in amateur boxing and professional. The world famous boxer Muhammad Ali is known and recognized all over the

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world. The reason is that he has many achievements and is world famous. Muhammad Ali (Cassius Marcellus Clay Jr. 17.01.1942 — 03.06.2016) was an American professional boxer and rider. Known as one of the most famous sports figures of the 20th century and one of the greatest boxers. Half-heavyweight Olympic champion (1960). Several times world heavyweight champion among Professional boxers (1964-1974). He converted to Islam in 1961 and changed his name to Muhammad Ali. He was nicknamed The Great Ali. Before becoming a Muslim, his name was Cassius Marcellus Clay Jr. Ali was born in Louisville, Kentucky on January 17, 1942. He is African American and Irish. At the age of 12, he became acquainted with boxing, and soon after set amateur records at the AAU and Golden Gloves national championships. He returned to the professional league in 1960, taking the heavyweight gold medal in Rome. At the age of 18, his reputation began to grow rapidly after winning a gold medal at the Rome Olympics. In 1964, at the age of 22, S. He defeated Liston to become world champion. He declared his conversion and conversion to Islam after this victory. Muhammad took the name Ali and took a break from boxing from 1967 to 1970. On 17 November 2002, Muhammad Ali left for Afghanistan as the "UN ambassador for peace". He spent three days in Kabul negotiating as a UN Special Representative. The Olympic flag bearer at the opening ceremony of the 2012 Summer Olympics in London was Mohammad Ali. Due to Parkinson's disease, his wife Lonnie helped him raise the flag. On December 20, 2014, Ali was hospitalized with pneumonia. On January 15, 2015, he was hospitalized in Arizona for a urinary tract infection. Muhammad Ali is considered to be the greatest boxer and one of the best of his time. His life received wide coverage in the 2001 Hollywood film "Ali", starring Will Smith as Muhammad Ali. Parkinson preferred not to be seen in the public eye on his farm in Michigan for a long time due to his illness. Nevertheless during the September 11 attacks in 2001, Muhammad Ali wore a New York Fire Department hat and went to Point Zero to demonstrate his support and solidarity with those affected. The Golden Age of Uzbek boxing coincided with the Olympic Games in Brazil. At the prestigious 2016 quadrennial sports convention in Rio de Janeiro, athletes like Hasanboy Dusmatov, Fazliddin Ghoibnazarov, Shahobiddin Zoirov won gold medals. While Bektemir Melikoziev and hahram Ghiyosov were awarded silver medals, Murodzhan Ahmadaliev and Rustam Tolaganov came out with bronze medals. Hasanboy Doosmatov also received the Vel Barker Trophy as the best boxer of the Olympics. The results presented the Uzbek team with the 1st place in the boxing program of the Olympic Games. This victory of our boxers caused an increase in interest in sports, in particular boxing, in the hearts of many young people. They confirmed in their example that if a person always advances towards his goal, works towards achieving it, he can certainly achieve his goal.

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